My list of

EVERYTHING

J.J. Martin, FOUNDER OF LUXURY LIFESTYLE BRAND LA DOUBLEJ, SHARES HER FAVOURITE THINGS









Fave candle: La DoubleJ's Milano; Trish McEvoy Ultra-Wear Lip Gloss in Berry is an essential; American-style cookies at bedtime are JJ's weakness; ancestral sites in Bali make for some memorable holidays

MY FAVOURITE CANDLE IS...
La DoubleJ's Milano candle. It comes in a geometric printed porcelain container that I like to use as a makeup brush holder when the wax is done, and has a very glamorous woody scent.

MY SIGNATURE LIPSTICK IS...
Trish McEvoy's Ultra-Wear Lip Gloss in Berry, which I sometimes use with the MAC Lip Pencil in Spice. I hardly ever wear makeup, but when I do, it's always a gloss that's in tone with my skin.

MY FAVOURITE INDEPENDENT SHOP IS... Naviglio In, an interiors shop on the canal near where I live in Milan. It's stuffed with incredible lighting designs from the 1910s to the 1980s. I'm obsessed with lamps and chandeliers.

MY FAVOURITE COFFEE SHOP IS...
Leonardo in Milan – it's filled to the gills with Milanese people and very chicly dressed children. When I moved to Milan from Los Angeles 25 years ago, I was a two-cappuccino-a-day girl, but now I'm into Americanos.

MY FAVOURITE PAIR OF SHOES IS...
Nike Air Jordan high-tops in black and white. I've had them for about six years and have worn them 12,000 times. They go with everything, from elegant dresses to trousers.

MY FOOLPROOF DINNER PARTY DISH IS... veal meatballs from the gastronomia down the road, or my California salad – a mix of radicchio, endive, Gorgonzola piccante, grated apple, roasted seeds and vinaigrette. I'm originally from LA, but in Italy, everyone's accustomed to plain lettuce and olive oil and so I feel like it's always appreciated.

MY FAVOURITE HOTEL FOR A WEEKEND AWAY IS...
Villa Passalacqua on Lake Como. It's a 45-minute drive from my front door and is owned by my dear friend Valentina De Santis. La DoubleJ designed the pool area and bar, so it feels like family wrapped up in the most beautiful package.

THE THING I CAN'T STOP BUYING FOR MY HOME IS... chairs. I live alone with my dog, but I must have 25 chairs – and hardly any of them are practical.

THE SONG THAT GETS ME ON THE DANCE FLOOR IS...
Uptown Funk by Mark Ronson with Bruno Mars. Anything that has a bouncy beat, I'm into.

MY FOODIE WEAKNESS IS...
American-style cookies before going to bed. Italian desserts just do not do it for me – not enough butter or brown sugar!

MY MOST MEMORABLE HOLIDAYS HAVE BEEN... co-hosting spiritual trips to Egypt, and visiting water temples and learning qigong in Bali. Over the past eight years, all of my holidays have been connected to sacred sites – it's become so meaningful to me to sync up with the frequency of the land and the ancient sites that were used by our ancestors.

La DoubleJ's new Al Fresco outdoor collection is available to shop from 21st April. Follow @jjmartinmilan and @ladoublej on Instagram

AS TOLD TO NATALIE ZANNIKOS. PHOTOGRAPHY: IFRAH AKHTER/UNSPLASH; KATARZYNA ZYGNERSKA/UNSPLASH